Are You Eligible?

Personalized support throughout your orthopedic journey with the mymobility[®] App

Preparing for and recovering from surgery can seem overwhelming. Knowing what to expect and receiving timely reminders can help ease the process as you approach your surgery date. We use the mymobility app to assist our patients throughout their surgical journey. mymobility gives you constant connection with your care team, so you'll receive helpful reminders, progress reports and support that's unique to you.

Use the camera app on your smartphone and hover over the QR Code or type in **<u>zimmerbiomet.com/wearable-technology</u>** on your browser to:

- Check if your mobile phone is compatible with mymobility
- Watch a quick video on mymobility

If you don't have an eligible smartphone, you can always use our web-based application to access mymobility. All you need is a text-capable mobile phone, a computer or tablet, and access to the internet using Chrome, Safari or Microsoft Edge. Just look for the URL in your activation text message.

Ask your surgeon today!

Not all patients are candidates for the use of this product and surgeons should evaluate individually to determine which patients are appropriate for therapy at home. Patients must have compatible text capable mobile phone and internet access or smartphone to use mymobility; not all smartphone app features are available with webbased version. IPhone, Apple and Safari are registered trademarks of Apple, Inc. Microsoft and Microsoft Edge are trademarks of Microsoft Corporation. Chrome is a trademark of Google, LLC. This material is intended for patients and general consumers interested in learning about the Zimmer Biomet Connected Health mymobility Application. Zimmer Biomet does not practice medicine. All mymobility app content is chosen and prescribed by your surgeon; all questions pertaining to what treatment option is right for you must be directed to your surgeon/ healthcare team. ©2022 Zimmer Biomet



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